THE CHANGE NAVIGATOR

Phil Preston

RESILIENCE & ADAPTABILITY SPEAKER



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I'm a leading **resilience** and **adaptability** speaker, equipping audiences with methods that feel achievable, not abstract. Clients describe my style as engaging, down-to-earth and relatable with plenty of humour thrown in for good measure! Popular speaking and workshop topics:

THE POWER OF WHY

Are workload pressures and change fatigue wearing your people down?

The Power of Why builds resilience in people dealing with workload pressures, change fatigue or burnout. Phil gives them a simple formula for reconnecting with the meaning behind their work and turning purpose from aspiration into action.

The result: more energy, stronger engagement and higher productivity.

THE POWER OF US

Is change pulling your people apart or bringing them together?

The Power of Us builds adaptability in teams preparing for or going through significant change. Phil equips them with the mindset, behaviours and tools to create a team-first culture so they stay more connected and united behind shared goals, even as the ground shifts.

The result: teams that embrace change and perform better together.

THE POWER OF NOW

Are your leaders getting ahead of change, or reacting to it?

The Power of Now equips leaders to navigate a permanently disrupted world of emerging trends, rising stakeholder expectations and increasingly complex decisions. Phil provides a practical playbook for staying grounded and getting on the front foot, rather than waiting to be told or finding out after the event.

The result: leaders who act with clarity, urgency and confidence.

After leading a global team responsible for analysing more than $50 billion of investments, I went solo to empower leaders, teams and organisations to work better together and took on several voluntary and community roles.

This has led to work across more than 150 organisations and projects, including businesses, not-for-profits and government agencies. I'm the author of Connecting Profit with Purpose and have featured in The CEO Magazine, CPA's InTheBlack and the Australian Financial Review.

If you want your project or event to succeed with less stress and more certainty, reach out using the contact details above to explore working together.





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"Your opening keynote was pitch perfect." - Conference Convenor, IACC APAC

"The session was both engaging and immediately useful." - Director, Property Council of Australia

"Thank you for your amazing keynote and workshop last week!" - Conference Organiser, TSAA

"Phil's ability to keep the group focused and engaged was instrumental in achieving the outcomes we needed." - Assistant Secretary, Dept of Health & Aged Care

"Your session really set the scene for the critical nature of purpose for our People Lead Team offsite." - GM People, BlueScope

Phil's session got everyone in the room in the right frame of mind for the day ahead." - Director, Challenger





